

SAFETY RULES FOR HMS SULTAN FORT ROWNER MOAT USERS

TO BE READ AND SIGNED BY ALL SERVICE & CIVILIAN WORKERS/ENCROACHMENT PASS HOLDERS

There is a requirement to provide HMS SULTAN's Command with assurance that appropriate checks and measures are in place to ensure worker and visitor safety (SULSOs Chapter 35 Para 3526 Management of Lone Workers). To this end and from a duty of care perspective, prior to gaining access to Fort Rowner Moat and surrounding areas, all personnel must sign and date this document to indicate that they are fully conversant with the usage rules set out below. Once signed, this document will be retained and act in the future as a formal document of understanding, indicating that the signee agrees to adhere fully to all of the stipulations (rules) it contains.

This requirement applies to all Service and civilian personnel.

A health and safety assessment has been carried out on Fort Rowner Moat in accordance with JSP 375 Vol 2. The findings of the Risk Assessment are displayed in the Fishing Association Clubhouse (Casement 38) for viewing on request.

HMS SULTAN local Rules:

1. Members and guests must sign in the Moat Fishing Log held at HQ1 prior to proceeding to the Moat and in person, sign out on completion of fishing.
2. No Alcohol is to be consumed during activities at the Moat.
3. Prior to any maintenance activity being undertaken, authorisation must be sought from the First Lieutenant. Only authorised and suitably trained personnel wearing correct PPE are permitted to undertake work in the vicinity of the moat. The nature of work undertaken must have been risk assessed and be in line with previously submitted and approved method statements.
4. Due to the dangers associated with activities near deep water, all personnel are to have familiarised themselves with the locations of buoyancy aids and safety equipment in the vicinity of the moat. Minors (those under the age of 16), must wear life preservers and be accompanied by a parent or guardian at all times. **Non-swimmers are not permitted to use HMS Sultan moat.**
5. All personnel are to be aware of the symptoms of Weil's Disease (Leptospirosis). Weil's disease is contracted from rats' urine and the organism survives in shaded water courses in warm surroundings (The majority of UK cases occur between July-December). Additional information:

Entry of infection is through:

Broken Skin
Mucus membrane of eyes, nose, mouth

Signs & Symptoms vary according to organism but include:

Flu like illness, high body temperature, aches & fatigue
Liver damage including jaundice
Kidney failure
Conjunctivitis
Incubation period 4-19 days (usually around 10 days)
Illness lasts between a few days to three weeks
Fatality is low but increases with age

Control Use sensible basic health and hygiene precautions
If symptoms persist report to your doctor

6. In case of emergency contact HQ1 on extension 2222 (Civ 02392 542222). **If you see anything you consider to be a risk to health & safety, you are to inform the Water Manager on 07845 430590. I agree to fully adhere to all of the above rules and stipulations:**

Signed: Name: Date: